



## DEPARTMENT OF THE ARMY

HEADQUARTERS, EIGHTH ARMY

UNIT #15236

APO AP 96205-5236

EACG

08 JUL 2016

MEMORANDUM FOR All Eighth Army Assigned Soldiers and Medical Providers

SUBJECT: Eighth Army Command Policy Letter #23, Shaving Profile Guidance

1. References:

a. ALARACT 206/2011, Army Implementation of Electronic Profile (e-Profile), 27 May 2011.

b. Army Regulation 40-501, Standards of Medical Fitness, 14 December 2007 (Rapid Action Revision 003, 04 August 2012).

c. MEDDAC-K Training Document, Pseudo-folliculitis Barbae Treatment, 11 March 2016.

d. Technical Bulletin Medical Service (TB MED) 287, Pseudofolliculitis of the Beard and Acne Keloidalis Nuchae, 10 December 2014.

2. Purpose. To provide guidance and establish a consistent policy for management of shaving physical profiles for Soldiers assigned or attached to Eighth Army and all separate organizations.

3. Discussion. Proper grooming is amongst the most visible elements of military professionalism and discipline. Pseudofolliculitis barbae (PFB) and Acne Keloidalis nuchae (AKN) are medical conditions aggravated by close shaving of facial hair. Use of shaving profiles is an important component of treatment for PFB and AKN and should be used appropriately as part of a comprehensive treatment program to treat these medical conditions. Approval of shaving profiles when not medically indicated directly interferes with good order and discipline and is not permitted within Eighth Army.

4. Guidance

a. All primary care providers and unit medical providers will read TB MED 287, PFB of the Beard and AKN, 10 December 2014 and MEDDAC-K Training Document, Pseudo-folliculitis Barbae Treatment, 11 March 2016.

b. All primary care and unit medical providers will implement PFB and AKN treatment as prescribed within TB MED 287 and MEDDAC-K Training Document. Case by case treatment adjustments are authorized in consultation with dermatology at Brian Allgood Army Community Hospital (BAACH).

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c. All shaving profiles will be entered into e-Profile (DA Form 3349) for proper documentation purposes. DA Form 3349 must clearly state, to the commander and the Soldier, the method of treatment, frequency (example, once weekly, etc.), method of shaving permitted, and maximum length of hair (it shall not exceed 1/4 inches of total length of curled hair in order to maintain a neat and clean appearance) that is necessary for treatment. No styling is permitted.

d. Shaving profiles will not be given on an Individual Sick Slip (DD Form 689) unless in field training environment or during periods when computer access is not available. Maximum duration for DD Form 689 shaving restrictions is 7 duty days.

e. To ensure compliance with prescribed treatment, primary care providers will write temporary shaving profiles for no greater than 6-week increments. Temporary shaving profiles may be given consecutively until condition has resolved or determination has been made that dermatologic referral is indicated. The maximum duration for consecutive shaving profiles is 12-weeks.

f. Soldiers with PFB and AKN not resolved after 12-weeks of therapy will be referred to BAACH dermatologist for further evaluation.

g. If a Soldier is authorized to grow facial hair due to a medical condition, the Soldier is NOT restricted from those duties that require the use of a protective mask. The Soldier shall carry a copy of the no shaving profile at all times.

h. Primary care providers will review permanent shaving profiles for Soldiers arriving to their unit and thereafter annually during the Periodic Health Assessment (PHA) or as directed by command. Primary care providers may renew permanent shaving profiles only with approval from BAACH dermatologist documented in the electronic health record.

i. The BAACH dermatologist is the only medical provider authorized to write new permanent shaving profiles. The dermatologist will review all permanent shaving profiles annually.

5. Proponent. The proponent for this policy is Eighth Army Surgeon Directorate Force Health Protection Officer at commercial at 0503-323-4761 or DSN 315-723-4761.



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Commanding